



## ROSSENDALE & PENDLE MOUNTAIN RESCUE TEAM

# PENNINE BRIDLEWAY MOUNTAIN BIKE CHALLENGE SUNDAY 13 SEPTEMBER 2009

## Can you cycle the Mary Towneley Loop?

The Mary Towneley Loop is 47 mile circular section of the Pennine Bridleway, the entire route is way marked and easy to follow. The riding surfaces are mainly good on tracks, newly created paths and trails or minor roads. The route involves approximately 6300 feet of ascent.

The Loop takes in some of the best scenery and off road biking that the South Pennines have to offer, traversing the hillsides and crossing the valleys between Rossendale, Burnley, Hebden Bridge, Todmorden and Rochdale. The route crosses high exposed moorland and is a strenuous demanding day out. A good time would be 7 hours but it has been done in just over 4 hours, riders must be over 18 years of age or over 16 years if accompanied by a parent or adult guardian.

### Start and Finish:

Fearns Community Sports College  
Booth Road  
Waterfoot  
Rossendale  
OL13 0TG  
Grid Ref. SD 842 220

Register from 07.30

Mass start 09.00

## EVENT DETAILS AND RULES

### THIS IS NOT A RACE

Copies of the Countryside Agency map can be obtained from local tourist offices, or see OS Explorer map OL21 South Pennines or Harveys maps -

[www.harveymaps.co.uk/acatalog/Long\\_distance\\_routes\\_suitable\\_for\\_cycling.html](http://www.harveymaps.co.uk/acatalog/Long_distance_routes_suitable_for_cycling.html)

The route will not be marshalled and it is up to each rider to navigate their way around the route which is well waymarked and easy to follow. 5 check points are located on the route, you must stop at checkpoints to allow your number to be checked by a marshall. Water and basic provisions will be provided at each check point but we advise you to carry extra supplies according to your preference. Each entrant will be given a laminated number which must be attached to the front of the bike. There will be a maximum of 10 hours to complete the event with cut off times at the later checkpoints.

**Helmets must be worn and adequate clothing carried. The organisers do not provide personal accident insurance. All entrants must follow the MTB code of conduct and respect the countryside and others. The event is being organised by the Rossendale & Pendle MRT, team members will transport tired entrants or broken bikes from checkpoints to Fearns. Everyone must check out at event control whether you finish or not – WE NEED TO KNOW THAT YOU ARE ACCOUNTED FOR.**

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